

COURSE: COMMERCIAL FOOD

OVERVIEW OF COURSE

Goal

The goal of the Commercial Food program is to prepare each student with life skills through experience selected and arranged for self awareness, and learning within the time frame of each educational district.

Description

Base Modules

- | | |
|---------------------------|-----------------------------|
| Career Awareness | Sanitation and Hand Washing |
| Personal Hygiene | Job Readiness |
| Safety and Sanitation | Housekeeping |
| Time Management | Nutrition |
| Terminology | Receiving and Storing |
| Tools and Utensils | Trade Math |
| Use and Care of Equipment | Computer Usage |
| | Menu Planning |

All Base Modules are reinforced in laboratory sessions of other modules.

Each of the remaining modules is designed to be independent of all others. Cross modules are recommended. A detailed chart is attached to show modules necessary for specific jobs. Follow special emphasis.

Back of the House-Cook/Chef

- | | |
|----------------------|---------------------------------|
| Base Modules | Seafood |
| Weights and Measures | Vegetables |
| Ingredients | Potatoes |
| Purchasing | Pasta, Rice, and Other Starches |
| Soups and Stews | Salads, Dressings, and Sauces |
| Sauces and Gravies | Sandwiches |
| Eggs | Appetizers |
| Cheese | Fruits |
| Meats | Garnishes |
| Poultry | Beverages |

COURSE: COMMERCIAL BAKING

OVERVIEW OF COURSE

Back of the House - Baker/Baker's Helper

Base Modules

Menu Planning

Weights

Ingredients

Purchasing

Food Safety

Garnishes

Costing/Portion Control

Yeast Made Products

Cakes and

Cookies

Pies and Pastries

Puddings and Desserts

Front of the House - Waitperson/Server Person

Base Modules

Ingredients

Salads and Dressings

Sandwiches

Garnishes

Beverages

Front of the House

Enhancement Modules for gifted or advanced students are to be taught in addition to the following:

Management Training

Catering

Entrepreneurship

CONTENT OUTLINE

BASE

- I. Care
- II. Personal Hygiene
- III. Safety
- IV. Time Management
- V. Term
- VII. ... of Eggs
- IX. Jo
- XI. Nutrition
- XII. Ordering, Receiving, and Storing
- XIII. ...
- XIV. ...
- XV. ...
- XVI. Weights and Measures
- XVII. Ingredients
- XVIII. Purchasing
- XIX. ...
- XX. Sauces and Gravies
- XXI. Eggs
- XXII. ...
- XXIII. ...
- XXIV. ...
- XXV. ...
- XXVI. Vegetables
- XXVII. Potatoes
- XXVIII. ...
- XXIX. Salads and Dressings
- XXX. ...
- XXXI. ...
- XXXII. ...
- XXXIII. ...
- XXXIV. Beverages
- XXXV. ...
- XXXVI. Front of the House

CAREER EMPHASIS

- XVI. Weights and Measures
- XVII. Ingredients
- XVIII. Purchasing
- XIX. ...
- XX. Sauces and Gravies
- XXI. Eggs
- XXII. ...
- XXIII. ...
- XXIV. ...
- XXV. ...
- XXVI. Vegetables
- XXVII. Potatoes
- XXVIII. ...
- XXIX. Salads and Dressings
- XXX. ...
- XXXI. ...
- XXXII. ...
- XXXIII. ...
- XXXIV. Beverages
- XXXV. ...
- XXXVI. Front of the House

COURSE: COM

CONTENT

- XXXV.
- XXXVIII.
- XXXIX.
- XL.
- XLI. Pie and Pastry
- XLII. Puddings and Desserts

ENHANCEMENT MODULES

- XLIII. Management Training
- XLIV. Catering
- XLV. Entrepreneurship